Fault Analysis & Correction Quick Reference Guide

Fault	Narrow	Wide	Push Delivery	Loss of Balance	Bumping Bowl	Short	Timing	Inconsistent
Possible Source or Cause	• Anchor-foot not on delivery-line. • Feet and delivery-arm not aligned. • Hooking delivery-arm across body. • Delivery-arm swing not next to body. • Poor or no delivery routine. • No or incorrect Point-of-Aim.	• Anchor-foot not on delivery-line. • Incorrect delivery-arm movement and timing. • No or arched backswing. • Poor stepping-foot landing position. • Poor or no delivery routine. • No or incorrect Point-of-Aim.	• Poor or no delivery routine. • Stepping too early. • Poor timing. • Initial arm position incorrect. • Fear of playing too long on fast green.	• Body out of alignment with delivery-line. • Too much forward movement of body during forward swing. • Step is too long or incorrect timing of step. • Exaggerated forward swing. • Poor timing during delivery.	• Releasing bowl too early. • Initial stance too high. • Poor speed / timing of swing. • Forcing forward swing. • Grip too loose or bowl too big. • Delivery shoulder too low in stance. • Wrist not locked during delivery.	• No or incorrect Point-of-Aim. • Walking off the mat. • Not staying down during delivery. • No follow-through. • Elbow not locked during delivery. • Miss-reading green-speed • Dipping head or eyes during delivery.	• Poor or no delivery-routine. • Movement too fast or too slow. • Poor concentration.	• Poor or no delivery-routine. • No or incorrect Point-of-Aim. • Poor concentration. • Easily distracted.

Recom-mended Cure	• Develop delivery-routine.
	• Establish Point-of-Aim.
	• Straight arm-swing next to body.
		• Develop delivery-routine.
		• Establish Point-of-Aim.
		• Straight arm-swing next to body.
			• Correct arm position.
			• Correct timing of swing:
			  • Arm back
			  • Then step when arm passes anchor-leg.
			  • Forward swing once stepping-foot planted.
				• Develop delivery-routine.
				• Body stationary before arm starts forward swing.
				• Bend knee on delivery and keep bent.
					• Correct upper body position – not too upright.
					• Keep knee bent during delivery.
					• Use smaller bowl and / or lock wrist & elbow.
						• Correct Point-of-Aim.
						• Ensure wrist and elbow are locked.
						• Keep knee bent during delivery.
							• Slow the backswing to allow time for forward step to be completed before starting forward swing.
							• Speed of forward step and swing critical for good timing.
								• Develop delivery-routine.
								• Establish Point-of-Aim.

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